



## Advanced Dentistry of Collegeville Newsletter Newsletter Subtitle

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### Dear Friend,

Hope your enjoying your summer, warm weather and family vacations! If you have ever thought about doing whitening now is the time to act! Do you want a beautiful, white smile without the hassles? Do you need that smile for a special upcoming event? In a single one-hour treatment session, Zoom Whitening can lighten your teeth up to eight shades. Give us a call to find out more!

### Tip From the Dentist

Did you know that it is estimated that over 70% of adult Americans have a fear of the dentist. This fear then prevents many people from receiving regular the dental care necessary to maintain a healthy smile. When we are made aware of your specific fears, many steps can be taken to help take away the stress and anxiety associated with dental treatment.

If you or a family member fear the dentist and dental treatment? Share your stories with us! It is important to realize that you are not alone and we are here to help!

### Tip of the Month

#### 4th of July Party Jello

#### LAYER 1:

1 (3 oz.) pkg. raspberry gelatin

2 c. boiling water

Dissolve gelatin in water and pour into 9 x 13 inch pan. Chill until firm.

#### LAYER 2:

1/2 c. cold water

1 env. unflavored gelatin

1 c. coffee cream (half & half)

1 c. sugar

1 (8 oz.) pkg. cream cheese, softened

Soften gelatin in cold water. Heat cream and sugar until hot, but NOT boiling. Add softened gelatin and cream cheese into this very hot mixture and blend in blender until smooth. Pour over the first

layer and chill until firm.

**LAYER 3:**

1 (3 oz.) pkg. raspberry gelatin

1 c. boiling water

z.) can blueberries, undrained

Dissolve gelatin in water. Add undrained blueberries. Pour over cheese layer and chill.

**While enjoying your summer breaks, Be sure to call us if you have not scheduled your next appointment so we can keep your teeth and gums healthy for a lifetime. Have a wonderful Fourth of July Weekend!**

**Sincerely,**

**Dr. Nelly Silva and Team**

**Save  
\$50**

Save \$50 off our in office Zoom Whitening Procedure. Call today to scheduled your zoom whitening procedure and save \$50!

**Offer Expires: July 29, 2010**

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